

**Notification of a Structure/Function Statement, FFDCA § 403(r)(6);  
21 U.S.C. § 343(r)(6).**

To: Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St., SW.  
WASHINGTON, DC 20204

Packer: Herbal Science Inc.  
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Text: Ephedra sinica (Ma-huang) contains small amounts of ephedrine and related alkaloids. Ephedrine is an indirect-acting sympathicomimetic agent which has been shown to stimulate lipolysis and increase the resting metabolic rate in some persons, thus increasing the removal and oxidation of fat from adipose tissue stores. This action is potentiated by methylxanthines, such as caffeine, present in Ilex paraguariensis (Maté). **This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Name of Dietary Supplement: Herbal Balance Plus<sup>R</sup>.

(Herbal Science, Inc., South Burlington, VT 05403)

I hereby certify that the information contained in this notification is complete and accurate, and that there is substantiation that the statement is truthful and not misleading.

A handwritten signature in dark ink, appearing to read "Dennis Jones". The signature is fluid and cursive, with a large initial "D" and "J".

Dr. Dennis Jones,  
M.A., Ph.D., C.Chem., FRSC(UK)  
MCIC, C.Biol., M.I.Biol., MBIM.

29 October, 1999.